

# Paleo- Easy Mexican Salad.

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## Ingredients

- 1 pound ground beef
  - 3 garlic cloves, minced
  - ½ yellow onion, diced
  - 1 teaspoon dried oregano
  - 1 teaspoon cumin
  - ½ teaspoon cayenne pepper
  - 1 (14 ounce) can of diced tomatoes
  - 1 (4 ounce) can of diced green chiles
  - green onions, to garnish
  - juice of 1 lime
  - salt and pepper, to taste
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- **For the easy guacamole**
  - 1 avocado
  - ¼ teaspoon garlic powder
  - ¼ teaspoon onion powder
  - pinch of cayenne pepper
  - juice of ½ a lime
  - salt, to taste

## Directions

Place ground beef in a medium saucepan over medium-high heat.

Once beef has browned half way through, add onions and minced garlic.

When beef has almost cooked through, add oregano, cumin, some salt and pepper, cayenne pepper, tomatoes, and green chiles. Mix well.

Lower heat, and squeeze lime on top and mix.

While meat is finishing up, mix together all guac ingredients.

Top guacamole on the Mexican salad. Mix together, because it's good that way.